

BRIGHTON GIRLS' LACROSSE CLUB GRADES K-6

SPRING LEAGUE REGISTRATION HAS BEGUN !

PLEASE VISIT <https://brightongirlslacrosseclub.sportsengine-prelive.com>

Program Description: To introduce & develop lacrosse skills in a fun, positive environment!

Kindergarten: 8 weeks of practices and intrasquad scrimmages. Instruction guided by parent volunteer coaches assisted by BHS girls' varsity players.

Grades 1-2: 12 Weeks practices with intersquad scrimmages guided by experienced parent volunteers with the assistance of BHS Girls Varsity players.

Grades 3/4 and 5/6: 12 weeks of practices, inter-squad games. Instruction guided by our experienced parent volunteers w/ the help of BHS Girls Varsity players.

Eligibility: Any girls entering grades K-6; Beginners welcome, no prior experience needed! Each player must be registered as a US Lacrosse Member; annual cost is \$30 (Membership can easily be completed via our website and lasts for one full year)

Dates:

Kindergarten: 8 Weeks- Sundays 10:30 am - 11:30, Mid-April to Mid-June. Possible games on Saturdays

Grades 1-2: 12 Weeks - Sunday practices starting in March; Indoor Practices and Outdoor Practices- See website for details; Games on Saturdays starting in late April

Grades 3/4: Practices - Indoor Practices and Outdoor Practices- See website for details; Games- Saturday Mornings beginning at the end of April

Grades 5/6: Practices - Indoor Practices and Outdoor Practices- See website for details; Games- Saturday Mornings beginning at the end of April

Location: Indoor Practices- February and March- Total Sports Experience- East Rochester

Outdoor Practices- April through June - Meridian Park in Brighton

Cost:

Kindergarten: \$55 per player

Grades 1-2: Early Bird Special is \$110; after February 10th cost is \$135.

Grades 3-6: Early Bird Special is \$170; after February 10th cost is \$195.

Registration: Opens 1/10/23 at BGLC website <https://brightongirlslacrosseclub.sportsengine-prelive.com>

Equipment:

Kindergarten and Grades 1-2: Each player must have a mouth guard, goggles, and a stick. (We have a limited number of sticks and goggles to lend on a first come, first serve basis)

Grades 3-6: Each returning player should have a mouth guard, goggles and a stick. (We have a limited number of sticks and goggles to lend on a first come, first serve basis)

Website: www.brightongirlslacrosse.org.uslaxteams.com Please email Stephen Lawrence at chop617@yahoo.com with any questions or if you are in need of equipment.